Preventing Coronavirus Outbreaks in

Protecting Elders * Protecting Family * Protecting Yourself

Call 000 for emergencies – If you are seriously unwell

(breathing difficulties)

Self isolate and

symptoms go away



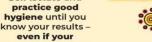
Symptoms for COVID-19 include: Fever, cough, runny nose and shortness of breath - it can sometimes cause pneumonia or serious respiratory distress



Contact the Coronavirus Health Direct Line on 1800 020 080 for advice if you are unsure of your symptoms



Steps for our mob – Coronavirus







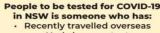
Contact your doctor and advise if you are or could be experiencing **COVID-19 symptoms**

0 111



Doctor will either take a swab sample or advise you to visit the closest **COVID-19 Clinic**





Had close contact with a confirmed case Sometimes a doctor will decide to test other people if they are very sick



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The most important things for everyone to remember are:

Wash your hands for 20 seconds often, with soap and water



Try not to touch your face, nose or mouth unless you've just washed your hands



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Try not to kiss or shake hands with people



Try and keep one and a half metres away from other people

Cough or sneeze into your elbow (if you don't have a tissue)





Be ready for Winter - Get your free flu vaccination at your local

Health Centre/ GP/ AMS. Over 50? Get a free pneumonia vaccination too.



COVID 19 Screening Clinics: Please see ATTACHED FLIER for a LIST of ASSESSMENT CLINICS IN YOUR LOCAL AREA

If you get sick, stay at home ask your GP or call Australian Government Health Direct Hotline on 1800 020 080





COVID-19 (coronavirus) Clinics

NSW Health is recommending people with acute cold, flu like symptoms who are returned travellers from overseas, or who have made contact with a confirmed case, be tested for COVID 19.





Sydney Local Health District *** Health

Name of Clinic	Clinic Location	Opening Hours
RPA Hospital COVID-19 Clinic	Level 3, Gloucester Drive Entrance Royal Prince Alfred Hospital Off Missenden Road, Camperdown	8am to 10pm, 7 days a week Please note: The last patient will be triaged at 9pm to allow staff time to finish assessing patients.
Concord Hospital COVID-19 Clinic	NSW Institute of Sports Medicine (opposite Concord Hospital Emergency Department) Concord Hospital Hospital Road, Concord	8am to 10pm, 7 days a week
Canterbury Hospital COVID-19 Clinic	Outpatient Department (access via the main entrance) Canterbury Hospital 575 Canterbury Road, Campsie	8am to 10pm, 7 days a week
Redfern Health Centre	103-105 Redfern Street, Redfern Phone: (02) 9395 0444	9am to 4pm, Monday to Friday
Balmain Hospital General Practice Casualty	Balmain Hospital General Practice Casualty 29 Booth Street, Balmain	8am to 10pm, 7 days a week Please note: This is not a separate COVID-19 Clinic – GPC

South Eastern Sydney Local Health District

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NSW		Local Health District			ķī.
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Name of Clinic	Clinic Location	Opening Hours
Prince of Wales Hospital	Building 14B, Ground floor, Avoca St, Randwick NSW 2031 (formerly Diabetes Centre, opposite St Paul Street) Contact: 9382 2710	7 days a week, 10am to 8pm
St George Hospital	St George Hospital Emergency Department St George Hospital, Level I, Clinical Services Building - entrance via Gate 3, Kensington Street, Kogarah Contact: 9113 1111	Open 24 hours
The Sutherland Hospital	Ground Floor, Old Emergency Department – enter via Kareena Road entrance Contact: 9540 8998 or extension 38998	7 days a week, 8am to 8pm
Sydney / Sydney Eye Hospital	Sydney / Sydney Eye Hospital Emergency Department Contact: ED triage 9382 7008	Open 24 hours

COVID-19 (coronavirus) Clinics

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number of people as required



○ Protecting Elders ○ Protecting Family ○ Protecting Yourself ○

Name of Clinic	Clinic Location	Opening Hours
Royal North Shore	Reserve Road, St Leonards, NSW 2065 Contact: (02) 9926 7111	Open 24 hours
Hornsby Kuringai (including Bungee Bidgel Aboriginal Health Clinic)	Palmerston Road, Hornsby, NSW 2077 Contact: (02) 9477 9123 Bungee Bidgel: Hornsby Hospital General Practice Unit. 3-7 Derby Road Hornsby NSW 2077 Contact: 02 9485 6200	Open 24 hours
Northern Beaches	105 Frenchs Forest Road (West) Frenchs Forest NSW 2086 Contact: (02) 9105 5000	Open 24 hours

Sydney Children's Hospitals Network

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Name of Clinic	Clinic Location	Opening Hours
Children's Hospital at Westmead	Cnr Hawkesbury Rd &, Hainsworth St, Westmead NSW 2145 Contact: (02) 9845 0000	Open 24 hours
Sydney Children's Hospital, Randwick	High St, Randwick NSW 2031 Contact: (02) 9382 1111	Open 24 hours

St Vincents Public Hospital



Name of Clinic	Clinic Location	Opening Hours
St Vincents Public Hospital	390 Victoria Street Darlinghurst NSW 2010 Contact: 02 8382 1111	10am – 8 pm Mon - Sunday
Flu Assessment Clinic		