

Preventing Coronavirus Outbreaks in

Aboriginal Communities

* Protecting Elders * Protecting Family * Protecting Yourself *

Call 000 for emergencies –
If you are seriously unwell
(breathing difficulties)

Symptoms for COVID-19
include: **Fever, cough,**
runny nose and shortness
of breath – it can sometimes
cause **pneumonia**
or **serious respiratory distress**

Contact the **Coronavirus Health**
Direct Line on 1800 020 080
for advice if you are unsure
of your symptoms

Self isolate and
practice good
hygiene until you
know your results –
even if your
symptoms go away

Steps for our mob – Coronavirus

Doctor will either
take a swab sample
or advise you
to visit the closest
COVID-19 Clinic

People to be tested for COVID-19
in NSW is someone who has:

- Recently travelled overseas
- Had close contact with a confirmed case
- Sometimes a doctor will decide to test other people if they are very sick

Contact your doctor
and **advise** if you are
or could be **experiencing**
COVID-19 symptoms

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The most important things for everyone to remember are:

- **Wash your hands for 20 seconds often, with soap and water**
- **Try not to touch your face, nose or mouth unless you've just washed your hands**
- **Try not to kiss or shake hands with people**
- **Try and keep one and a half metres away from other people**
- **Cough or sneeze into your elbow (if you don't have a tissue)**
- **Be ready for Winter - Get your free flu vaccination at your local Health Centre/ GP/ AMS. Over 50? Get a free pneumonia vaccination too.**
- **COVID 19 Screening Clinics: Please see ATTACHED FLIER for a LIST of ASSESSMENT CLINICS IN YOUR LOCAL AREA.**
- **If you get sick, stay at home ask your GP or call Australian Government Health Direct Hotline on 1800 020 080**



COVID-19 (coronavirus) Clinics

NSW Health is recommending people with acute cold, flu like symptoms who are returned travellers from overseas, or who have made contact with a confirmed case, be tested for COVID 19.

Please contact the clinic before to ask further questions or **Health Direct Hotline** on 1800 020 080

Sydney Local Health District

All enquiries on Coronavirus to Sydney LHD on 1800 022 222

Name of Clinic	Clinic Location	Opening Hours
RPA Hospital COVID-19 Clinic	Level 3, Gloucester Drive Entrance Royal Prince Alfred Hospital Off Missenden Road, Camperdown	8am to 10pm, 7 days a week Please note: The last patient will be triaged at 9pm to allow staff time to finish assessing patients.
Concord Hospital COVID-19 Clinic	NSW Institute of Sports Medicine (opposite Concord Hospital Emergency Department) Concord Hospital Hospital Road, Concord	8am to 10pm, 7 days a week
Canterbury Hospital COVID-19 Clinic	Outpatient Department (access via the main entrance) Canterbury Hospital 575 Canterbury Road, Campsie	8am to 10pm, 7 days a week
Redfern Health Centre COVID-19 Clinic	103-105 Redfern Street, Redfern Phone: (02) 9395 0444	9am to 4pm, Monday to Friday
Balmain Hospital General Practice Casualty	Balmain Hospital General Practice Casualty 29 Booth Street, Balmain	8am to 10pm, 7 days a week Please note: This is not a separate COVID-19 Clinic - GPC provides assessment to a small number of people as required

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South Eastern Sydney Local Health District

All enquiries on Coronavirus to South Eastern Sydney LHD on 1800 022 222

Name of Clinic	Clinic Location	Opening Hours
Prince of Wales Hospital	Building 14B, Ground floor, Avoca St, Randwick NSW 2031 (formerly Diabetes Centre, opposite St Paul Street) Contact: 9382 2710	7 days a week, 10am to 8pm
St George Hospital	St George Hospital Emergency Department St George Hospital, Level 1, Clinical Services Building - entrance via Gate 3, Kensington Street, Kogarah Contact: 9113 1111	Open 24 hours
The Sutherland Hospital	Ground Floor, Old Emergency Department - enter via Kareena Road entrance Contact: 9540 8998 or extension 38998	7 days a week, 8am to 8pm
Sydney / Sydney Eye Hospital	Sydney / Sydney Eye Hospital Emergency Department Contact: ED triage 9382 7008	Open 24 hours

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North Sydney Local Health District

All enquiries on Coronavirus to North Sydney LHD on 1800 022 222

Name of Clinic	Clinic Location	Opening Hours
Royal North Shore	Reserve Road, St Leonards, NSW 2065 Contact: (02) 9926 7111	Open 24 hours
Hornsby Kuringai (including Bungee Bidgel Aboriginal Health Clinic)	Palmerston Road, Hornsby, NSW 2077 Contact: (02) 9477 9123 Bungee Bidgel : Hornsby Hospital General Practice Unit, 3-7 Derby Road Hornsby NSW 2077 Contact: 02 9485 6200	Open 24 hours
Northern Beaches	105 Frenchs Forest Road (West) Frenchs Forest NSW 2086 Contact: (02) 9105 5000	Open 24 hours

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Sydney Children's Hospitals Network

Name of Clinic	Clinic Location	Opening Hours
Children's Hospital at Westmead	Cnr Hawkesbury Rd & Hainsworth St, Westmead NSW 2145 Contact: (02) 9845 0000	Open 24 hours
Sydney Children's Hospital, Randwick	High St, Randwick NSW 2031 Contact: (02) 9382 1111	Open 24 hours

St Vincents Public Hospital

Name of Clinic	Clinic Location	Opening Hours
St Vincents Public Hospital Flu Assessment Clinic	390 Victoria Street Darlinghurst NSW 2010 Contact: 02 8382 1111	10am - 8 pm Mon - Sunday